

January/February 2020



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BUSHFIRES AND SCHOOL COMMUNITIES - SADAMI KONCHI

SADAMI KONCHI is a unique illustrator whose latest book, My Dog Socks, with text by Robyn Osborne (Ford Street Publishing) shares a special kind of imagination.

Being an illustrator, I drew the firefighter image to insert this message into the books, "Hi, Friends, Love, Hope, Dream! Enjoy reading!" I hoped this would help lift the spirits of the students and teachers.

http://thestylefile.com/illustrator/sadami-konchi/ https://www.instagram.com/sadamikonchi/



LEARNING FROM LACS

LYNN JENKINS and KIRRILI LONERGAN have created Lessons of a LAC- Little Anxious Creature, a series of books that help kids deal with their 'worry feelings'. Try these hints to help turn back-to school jitters into back-to-school smiles.

www.lifematters.com.au or www.lessonsofalac.com www.kirrililonergan.com www.lessonsofalac.com

EVERYONE loves Valentine's Day, especially when you combine it with LIBRARY LOVERS' DAY 2020.

If you use technology ALL THE TIME but feel:

FRUSTRATED that assignments or homework tasks don't make sense about what you are supposed to do; **OVERWHELMED** about how to break down or finish research tasks;

BORED when you waste time and the internet doesn't really help you find the right info;

CONFUSED about whether the information is trustworthy and wonder if someone just made it up;

VULNERABLE to outside forces might that make unsafe entries on your social media; Your **LITERACY** needs help or you find it's hard to find a good story or book;

THEN, CHECK OUT your SCHOOL LIBRARY **students Need School Libraries** Help your brain "uncover something new" . . . at your libraries.



white now!

topics to focus your personal writing -List five ways that people could help protect the Australian environment.

-What is your favourite day of the year to celebrate? Why?

-Describe something special about your first day of school this year.

-Write a note to someone who helped during the bushfires this summer.

BUSHFIRES AND SCHOOL COMMUNITIES - SADAMI KONCHI

When I heard that the Clifton Creek Primary School Library in Victoria had been burnt to ashes, I immediately sent copies of my picture books to the KIDS'LIT CLUB, a network which is supporting these damaged schools. Quality new books were urgently needed to arrive before the new school year began

It was very upsetting to think of the communities and schools affected by the bush fires.

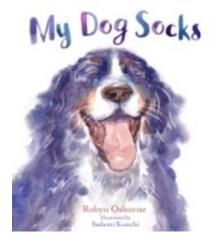
Being an illustrator, I drew the firefighter image to insert this message into the books, "Hi, Friends, Love, Hope, Dream! Enjoy reading!" I hoped this would help lift the spirits of the students and teachers.

Sharing personal stories on social media can encourage others to care. The responses to the posting on my Facebook



page about the school show that so many people want to find a way to feel that they are can help get schools and communities back on the road to reading and creating stories.

Every person has the ability to be involved somehow as communities begin recovering and rebuilding. It is like tiny droplets coming together to make a strong stream to make a better world. Each individual effort makes a difference.



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LYNN JENKINS www.lifematters.com.au or www.lessonsofalac.com and KIRRILI LONERGAN www.kirrililonergan.com www.lessonsofalac.com

have created *Lessons of a LAC- Little Anxious Creature,* a series of books that help kids deal with their 'worry feelings'. Try these hints to help turn back-to school jitters into back-to-school smiles.

It's normal to feel a bit nervous about going back to school after the holidays, wondering about your friends or family or feeling uncertain about new things for the next school year. Try saying to yourself, *I am feeling nervous, but I can get through it*.

CHOOSE YOUR OWN - Remember that YOU can CHOOSE where your attention goes. Is it best to think about the things that are making you feel nervous, worried OR to think about things that

make you feel OK? Try telling negative and worried thoughts, "I can do it. I can give it a try and then I will be where I'd prefer to be? YOU get to CHOOSE!

BRAVERY - Think of the BRAVEST person you know. How do they *stand* when they are brave? How do they *think* to make themselves feel brave? STAND and THINK like that brave person that you can be. Feeling BRAVE can help scare the nervousness away.



FIREFIGHTERS - There have been a lot of disturbing stories over the summer holidays with the fires. Think about the people who fought the fires. They probably felt pretty awful at times - tired, scared, nervous. What qualities helped them to keep going even though they felt this way? Determination? An *'I-just-have-to-do-it'* attitude? Tough times are often better when you *"have a go."* Sometimes, working with others can help. BIG BREATH - Breathe deeply to help settle. Try this as you breathe: When you breathe IN, tell your

body, "Calm down." When you breathe OUT, say, "I CAN do it."

SMILE - When you are feeling worried, you may not feel like smiling. BUT, the very act of smiling and using your face's smiling muscles sends a message to your brain to release happy chemicals into your body. Try to put a smile on your face. Notice how your body feels when you have been smiling for a while.

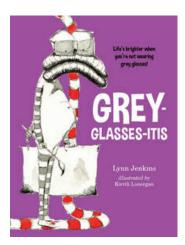


BODY PARTS - Take a moment to notice how you are feeling in

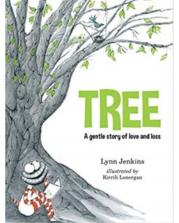
your body and name it. Notice where you are sitting or standing. Take three deep breaths and notice how your breath feels going in and out. Does it have a temperature or a colour? Notice whether it is fast or slow, smooth or rough. Notice where you feel your breath the most - your nose, chest, tummy?

After three deep breaths, pay attention to your whole body - your head, neck, tummy, back, arms, fingers, legs, toes. That's taking a moment. Then just keep moving forward after having had calmed yourself for a moment.

SHARE AWAY - Remember your feelings are like farts. They are better out than in! When your feelings start to get so big they try to boss you around, find a person in your life you can talk to. Sharing feelings about worries can often help you find a better way of dealing with them.



Lynn and Kirrili recently released *Grey-glasses-it-is* (EK Books) shows the link between how you see things and how you feel



Tree, a gentle story of love and loss (EK Books) is new in February 2020 gives strategies to deal with loss.

OVER 100 STORIES, RHYMES, COMICS, JOKES AND MORE FROM AUSTRALIA'S BESTSELLING AUTHORS, ILLUSTRATORS & FUNNY PEOPLE FUNNY BONES (Allen & Unwin) was compiled and edited by KATE TEMPLE, JOL TEMPLE http://katejoltemple.com/ and OLIVER PHOMMAVANH https://www.oliverwriter.com/

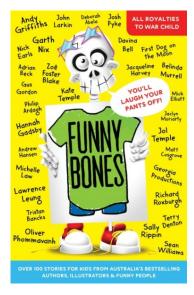
Royalties from the book provide immediate, effective and sustainable aid of **children** affected by **war** through the **War Child** organisation.

KATE - FUNNY BONES has been a roaring success.

It's been terrific to see authors and illustrators come together to make a difference on serious issues.

Watching this awful bushfire disaster unfold we're once again seeing how arts communities respond immediately and collaboratively to put support where it's needed.

Being an editor and contributor on **FUNNY BONES** has been a fabulous experience combing our love of children's literature with the power to change our world for the better and for the kids who inherits it.





Each author in *FUNNY BONES* has chosen a different writing or illustration style. As you read through these poems, stories and more from over 100 creators, find a new style that you can use in your own writing.

WHAT AM I? WHAT I'M NOT

by Meredith Costain

I'm not a sport kid Ball chaser Track racer Run around the court kid

I'm not a tough kid Fight picker Lunch nicker Lean and mean and rough kid

I'm not a cool kid Brand wearer Secret sharer Hang out at the pool kid Brand wearer Secret sharer Hang out at the pool kid

I'm not a rebel kid Hair raiser Trail blazer Breaker of the rules kid

Me-I'm a library kid A story-loving geek kid Day dreamer Word weaver Read three books a week kid What about you?

MEREDITH COSTAIN

www.meredithcostain.com

is an author and a poet. Her earlier "Library" poem was originally published in an anthology of short stories, poetry and artwork called *Rich & Rare* (Ford Street Publishing).

Her latest books is *Ella Diaries: Wildlife Rescue*. (Due in March) is about a wildlife shelter set up in a suburban house that cares for animals that have been abandoned or rescued from bushfires. She closes with:



Libraries are wonderful

Libraries are great – Grab books by the armload And read until late!



WWW = WAYS WITH WORDS focuses on using words,

special types of language or info about communicating. This issue highlights some of the key words or vocabulary found in KC. Words are everywhere just waiting to grow your brain and imagination, so read more about the topic, write a short story that focuses on one of the words or simply talk about what you already know about the topic and then learn a bit more. **RESOLUTIONS** are usually like a promise to yourself to make special efforts become better as a person by becoming healthier, smarter, and kinder or your choice.

REGENERATION can include the regrowth or repair of vegetation especially after damage such as a fire or drought.

MACROPOD is the scientific name for marsupials such as Kangaroos who literally have "big feet". **SUSTAINABILITY** allows us to use natural resources responsibly so that they can still be available to meet future needs.



Australia Day

The Story of Australia

"This is the Story of Australia – the story of an extraordinary nation. The Story begins 60,000 years ago. New chapters are written every day. On Australia Day, we reflect on our history, its highs and its lows. We respect the stories of others. And we celebrate our nation, its achievements and most of all, its people. We're all part of the story." [Hear the stories https://www.australiaday.org.au/]

2020 YOUNG AUSTRALIAN OF THE YEAR FINALISTS With Idealism, Integrity, Energy

Who are they? What is their area of focus? Why do they matter as role models?

MADELINE DIAMOND-ACT Sustainability Advocate



Madeleine created *Trash Gather*, a youth led community group that meets every month to pick up rubbish in public areas in Canberra. She actively promotes a range of sustainability projects that are being adapted for other communities. WILL SMITH -Tasmania. Social justice activist



Will is a police officer in training who organises Edmund Rice camps and activities for disadvantaged young people and refugees in Australia, Lebanon and Syria. COREY TUTT - NSW Indigenous mentor and fundraiser



Corey set up *Deadly Science* which donates science resources including 4300 books and 70 telescopes to remote schools around Australia.

TAYA DAVIES – VIC. Youth worker and youth volunteer



Taya uses her personal experience and training in programs to support troubled youth, young asylum seekers and those with disabilities. YARLALU THOMAS-WA Medical student and Precision Public Health fellow in Genetic and Rare Diseases

ASHLEIGH BARTY- QLD.

Professional tennis

player

Ash inspires her fans

exceptional tennis

down to earth

attitudes.

with her love of sport,

achievements and her



Yarlalu works to transform genetic health care services for remote Indigenous people and works to transform medical terminology into Indigenous languages. ZIBEON FIELDING - S.A. Runner, cyclist and fundraiser



Zibeon raises funds through his sport to help fund Indigenous health and dialysis in remote areas. One of his goals is to run an ultra-marathon through his home lands on the APY lands in outback Australia.

> ◆Young Australian of the Year

NOMINEES 2020 The Young Australian of the Year Award recognises those aged 16 to 30 who are outstanding and exceptional young Australians.

https://www.australianoftheyear.org.au/honourroll/?view=results&year=2020&categoryID=2&desc=Young%20Australian%20of%20the%20Year%202020



WRITE ON

-- Contact one of the State Young Australian of the Year nominees to find out more about their special interest or project.

https://www.australianoftheyear.org.au/honourroll/?view=results&year=2020&categoryID=2&desc=Young%20Australian%20of%20the%20Year%202020

NEW YEAR'S RESOLUTIONS

are a reminder to yourself to make a better world starting with being a better you.

Little things you do can make a difference. Think about how you can create habits that improve:

- YOURSELF by being heathier, happier, and smarter.

- **OTHERS** by being kinder by sharing, good manners and genuinely meaning thank you, or by being a better listener and caring about what others say rather than only thinking of what you want to say next.

- **the WORLD** by doing small things like cleaning up your own rubbish or bigger things like finding out about and caring about what is happening in other parts of the world and how that affects others.

READING gives you 2020 vision! Happy reading always - Morrie

(This issue of KC was compiled by Jackie Hawkes with the help of lots of people who love, reading, writing and ideas.)



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